

## Resources for Parents Seeking Support

### Support for keeping your child safe online

[Thinkyouknow](#) (advice from the National Crime Agency to stay safe online)

[Internet matters](#) (support for parents and carers to keep their children safe online)

[Parent info](#) (support for parents and carers to keep their children safe online)

[LGfL](#) (support for parents and carers to keep their children safe online)

[Net-aware](#) (support for parents and careers from the NSPCC)

### Coping with stress

Helping children cope with stress

[https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff\\_2](https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2)

Coping with stress

[https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a\\_2](https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a_2)

### Resources for parents to support home learning

7 top tips to support reading at home

[https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19\\_Resources/Resources\\_for\\_schools/7\\_Top\\_Tips\\_to\\_Support\\_Reading\\_at\\_Home.pdf](https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19_Resources/Resources_for_schools/7_Top_Tips_to_Support_Reading_at_Home.pdf)

Help your child with reading and talk using TRUST

[https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19\\_Resources/Read\\_with\\_TRUST\\_infographic\\_\(1\).pdf](https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19_Resources/Read_with_TRUST_infographic_(1).pdf)

Supporting home learning routines

[https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19\\_Resources/Resources\\_for\\_parents/Supporting\\_home\\_learning\\_routines\\_-\\_Planning\\_the\\_day.pdf](https://educationendowmentfoundation.org.uk/public/files/Publications/Covid-19_Resources/Resources_for_parents/Supporting_home_learning_routines_-_Planning_the_day.pdf)

DfE guidance on supporting your children's education during COVID-19

<https://www.gov.uk/guidance/supporting-your-childrens-education-during-coronavirus-covid-19>